Adventures on Tamborine Mountain

3 night itinerary

Your next adventure awaits

Just an hour from Brisbane or the Gold Coast, Tamborine Mountain feels like a world away. Up here, the air is cooler, the pace slows and the rainforest wraps around you like a soft green blanket. It's a place made for lingering lunches, leafy walks and fireside dinners — and it lends itself beautifully to a long weekend escape.

This three-day itinerary is for the adventurous, whilst balancing the mountain's natural beauty with its best food, wine and stays.

Tamborine Rainforest Skywalk

Day One

Rainforest Canopies and Rainforest Walks

Arrive late morning and ease into mountain life with a scenic drive through gum trees and rolling paddocks before checking in at Tamborine Mountain Glades, a peaceful retreat tucked into the rainforest.

Your first stop is high above the forest floor at TreeTop Challenge Tamborine Mountain, where zip lines and rope bridges weave through the canopy. It's exhilarating without being overwhelming — and a wonderful way to immerse yourself in the landscape from a different perspective.

Afterwards, slow things down with short drive up the mountain to visit Tamborine Rainforest Skywalk one of Tamborine Mountain's most popular nature-based attractions, offering visitors a unique way to explore subtropical rainforest from both forest floor trails and elevated canopy walkways.

Later in the afternoon, wander through Thunderbird Park at Tamborine Mountain Glades, where you can fossick for thundereggs, explore rock pools or entertain the kids at Digit.

As evening falls, head to St Bernard's Hotel, a mountain institution known for its sweeping valley views and relaxed pub fare. Watch the sky turn soft pink over the hinterland before returning to your rainforest hideaway for the night.

Day Two

Hinterland Flavours and Hidden Pools

Head up to Main Street for Breakfast at the Real Picnic Food Bar. Check out and leave the driving to someone else with a Pineapple Tours or Cork 'n Fork experience — an easy, sociable way to explore the mountain's wine and craft beer scene.

Tours typically include stops at Witches Falls Winery, Cedar Creek Estate and Boxer Brewing, with tastings paired with stories about the region's producers, its volcanic soils and its slow-growing reputation as a boutique food and drink destination. Tamborine Mountain Distillery, home to one of Australia's most awarded boutique spirit producers. Tastings are generous and informal, and the shelves are filled with beautifully packaged local liqueurs and gin — perfect souvenirs to take home.

Don't miss an afternoon at The Cauldron where you can apply your skills as a gin mixologist.

Day Three

Waterfalls, Art and a Gentle Farewell

Start your final day with one of Tamborine's signature walks to Curtis Falls, a shaded rainforest trail that ends in a picturesque cascade framed by tree ferns and vines. If time allows, continue to nearby Witches Falls, where the forest feels deeper, cooler and wonderfully still.

Then it's time for a wander along the mountain's much-loved Gallery Walk. Take your time browsing art galleries, craft stores, fudge and chocolate shops, and cafés serving long breakfasts and good coffee.

When you've wrapped up your holiday finish off with lunch or a donkey picnic at the Bearded Dragon.